



## Typical Daily Schedule for Twos

<b>6:30-7:30</b>	<b>Greeting/ Free Play*</b>
<b>7:30-8:30</b>	<b>Routines**/Breakfast/Free Play*</b>
<b>8:30-9:30</b>	<b>Free Play*/Prepare for Outside Play***</b>
<b>9:30-10:00</b>	<b>Outside Play***/Indoor Vigorous Activities</b>
<b>10:00-10:15</b>	<b>Group Time</b>
<b>10:15-11:30</b>	<b>Free Play*/Routines**/Lunch</b>
<b>11:30-2:00</b>	<b>Rest Time for those who sleep/Quiet Play for non-nappers</b>
<b>2:00-3:00</b>	<b>Routines**/Snack/Prepare for Outside Play***</b>
<b>3:00-3:30</b>	<b>Outside Play***/Indoor Vigorous Activities</b>
<b>3:30-3:45</b>	<b>Afternoon Group time</b>
<b>3:45-6:00</b>	<b>Indoor Free Play**/Departure</b>

- Arrivals and Greeting: Greet children individually. Take notice of any change in escort arrangement. Teacher conducts morning health inspection.
- \*Free Play: Children participate in activities of their choice. Staff supervises these activities, providing guidance that will lead to a successful experience. The block center, writing center, science/math center, art center, dramatic play, fine motor center, music center and book center are all open for play.
- Clean-up: Give children advance notice that clean-up time is approaching. Suggest they complete their activities and prepare to help put up equipment. Encourage all children to participate.
- \*\*Routines: Toileting ~ escort children to the bathroom as needed to toilet and wash hands. Diapering ~ change diapers as needed through the day (at least every two hours) and wash children's hands. Hand washing ~ children should wash hands upon entering the room, after toileting/diapering, after messy play and before and after eating.
- Meals/Snacks: Teachers sit with children and help them with their eating. Encourage socialization among children while they are eating.
- Group Time: Informal discussions, show-and-tell, story time, presentation of concepts, special visitors, songs and music, group games, finger plays, etc.
- \*\*\*Outside Play- weather permitting. When the weather is too hot or too cold, outside play may be limited to 15 minute intervals and supplemented with "Indoor Vigorous Activities."