



A Child's World Learning Center- Week 6 Menu

Week of: _____
 USDA is an equal opportunity provider and employer

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Grain or cereal Fruit Fluid Milk	Oatmeal w/ cinnamon Raisins Milk* Sub: 100% juice	Wheat toast w/ cheese Orange slices Milk*	Dry cereal Watermelon Milk*	Grits Pineapple Milk*	English muffin w/ jelly Honeydew Milk*
Lunch Meat or alternate Grain or bread Vegetable Fruit Fluid Milk	Meatless Monday: Pinto beans Corn mini muffin Cheese cubes Yams Applesauce Milk*	Beef Stroganoff: Meatballs Egg noodles Cream of mushroom Carrots Honeydew Milk*	Brunch for Lunch: Turkey sausage Pancake w/ syrup Cheese slice Hash brown Orange slices Milk*	Cheese Chicken Pasta: Diced white chicken Whole wheat pasta Cheese sauce Broccoli Watermelon Milk*	Beef ravioli Ritz crackers Vegetable medley Fresh mixed fruit Milk*
PM Snack (CHOOSE 2) Grain, bread, or cereal Fruit or 100% Juice Meat or alternate Fluid Milk	Pigs in a Blanket: Pancake Sausage Water	Animal crackers Pineapple Water	Ritz crackers Carrot sticks w/ranch Water	Mini muffins 100% juice Water	Mini pretzels Sliced cheese Water
Notes/Substitutions:					

*Milk- includes cow's milk, lactose-free milk, soy milk, and almond milk as appropriate per dietary restrictions