## A Child's World Learning Center Infant Information Form

Child's Information:				
Name:	Date of Birth:			
Special needs/allergies/fears/fussy times:				
Best way to comfort your child?				
	ders, or other items to be used during diapering, outdoors,			
Diaper Changing: I would prefer that my child *Diapers are also changed on an as-needed bo				
We follow the recommendation of the Americ	can Academy of Pediatrics to place infants to sleep on their			
backs. Parents who choose to make an excep	tion to this rule must obtain written permission from their			
child's pediatrician. Please see the Center Di	rector for a waiver form. Infants older than six months			
may sleep on their stomach with a waiver fille	ed out by a parent/guardian.			
Does your child use any of the following:				
	Animal Other			
Tufaut Fooding Cohedulas Diagon list food	- amount and annualizate modifiers			
Infant Feeding Schedule: Please list foods Example:	s, amount, and approximate meaitimes			
9am				
3 oz. fruit				
1/4 cup cereal				
6 oz. formula				

**Note:** Infants should be fed the first meal at home prior to arrival at the center. A daily report is provided each day for recording feeding, diapering, and activities and for daily communication between family and the center. Please complete the section that records the infant's most recent feeding time.

Signed: \_\_\_\_\_

# A Child's World Learning Center Infant Feeding Schedule

Name of Child:		Date of Birth:	Date:
Instructions			
1. Food/Bottles brou	ight daily (quantity):		
2. Instructions for f	eeding:		
		•	
		food)	
3. I plan to nurse: (a			
		Parent Signature	
Changes in Schedule	<b>e (</b> must be recorded as e	ating habits change)	
Food:	Date to Introduce:	New Instructions:	Parent or Staff Signature:
Milk (whole)_			
Baby Food			·
Juice _			
Cereal			
Table Food _			

\* Must be completed for all children less than 15 months old

### CHILD AND ADULT CARE FOOD PROGRAM PROVISION OF BREASTMILK OR INFANT FORMULA AND PROVISION OF BABY FOOD

Name of child care provider or center

This institution/facility offers	formula for infants
(Iron-Fortified Formula name must be filled in by instit	ution/facility)
through the Child and Adult Care Food Program. It is a parental ch	noice whether or not
to use this formula based on you and your infant's needs.*	

Please select from  $(\sqrt{})$  the following choice(s):

\_\_\_\_\_ I will provide breastmilk for my infant.

- I will use the iron-fortified formula offered by this facility. I give permission for the formula to be mixed and/or bottles to be prepared for my infant by this facility's staff.
- I will <u>not</u> use the iron-fortified formula offered by this facility. If not, which formula will you send for your infant? If the formula you provide is a special formula, a medical statement will be requested.
  - <u>My infant is four (4) months old or older</u> and is developmentally ready for baby foods. I want the institution/facility to provide the following baby food(s) for my infant, which are allowed under 7CFR §226.20 (b) (2) (3) (4).

Allowable foods for infants are: iron-fortified infant cereal, fruit, vegetable, meats or meat alternates, enriched or whole grain bread and crackers. Foods shall be of appropriate texture and consistency to meet developmental needs. Baby foods provided by institution/facility must be in compliance with the infant meal pattern as required by 7CFR §226.20.

Infant's Name		
Infant's Age		
Parent's Signature	Date	

\*Note to parents who are getting formula through the WIC Program: Your baby is eligible to get formula from this child care institution/facility as well as from the WIC Program It is your decision which formula you want your baby to use when she/he is at child care. If you find that you are getting more formula than your baby needs, you may wish to talk with your WIC nutritionist or your child care institution/facility.

### A Child's World Learning Center Infant/Toddler Safe Sleep Policy

Sudden Infant Death Syndrome (SIDS) is the unexpected death of a seemingly healthy baby for whom no cause of death can be determined based on an autopsy, an investigation of the place where the baby died and a review of the baby's clinical history. Child care providers can maintain safe safer sleep environments for babies that help lower the chances of SIDS. North Carolina law requires that child care providers caring for children 12 months of age or younger implement a safe sleep policy, share information, and participate in training. In the belief that proactive steps can be taken to lower the risks of SIDS in child care and that parents and child care providers can work together to keep babies safer while they sleep, this facility will practice the following safe sleep policy.

### Safe Sleep Practices

- 1. All child care staff working in this room, or child care staff who may potentially work in this room, will receive training on our Infant/Toddler Safe Sleep Policy.
- 2. Infants will always be placed on their backs to sleep.
- 3. The American Academy of Pediatrics recommends that babies are placed on their back to sleep, but when babies can easily turn over from the back to the stomach, they can be allowed to adopt whatever position they prefer for sleep.
- 4. We will follow this recommendation by the American Academy of Pediatrics. However, child care staff can further discuss with parents how to address circumstances when the baby turns onto their stomach or side.
- 5. We will visually check sleeping infants every 15-20 minutes. The sleep information will be recorded on a Sleep Chart, which will be kept on file for one month after the reporting month. We will check to see if the infant's skin color is normal, watch the rise and fall of the chest to observe breathing, and look to see if the infant is sleeping soundly. We will check the infant for signs of overheating including flushed skin color, body temperature by touch, and restlessness.
- 6. Steps will be taken to keep babies from getting too warm or overheating by regulating the room temperature, avoiding excess bedding, and not over-dressing or over-wrapping the baby.

### Safe Sleep Environment

- 7. Room temperature will be kept between 68-75 degrees F and a thermometer kept in the infant room.
- 8. We will only allow sleep sacks to be used in the cribs.
- 9. No loose bedding, positioning devices (i.e. wedges), pillows, bumper pads, etc. will be used in cribs.
- 10. Toys and stuffed animals are not allowed in the cribs. Pacifiers will be removed when they fall out of the infant's mouth. Pacifier clips will not be used while the child is sleeping.
- 11. A safety-approved crib with a firm mattress and tight fitting sheet will be used.
- 12. Only one infant will be in a crib at a time, unless we are evacuating infants in an emergency, or traveling within school premises for outside play.
- 13. No smoking is permitted in the infant room or on the premises.
- 14. All parents/guardians of infants cared for in the infant room will receive a written copy of our Infant/Toddler Safe Sleep Policy before enrollment.
- 15. To promote healthy development, awake infants will be given supervised "tummy time" for exercise and for play.

### **Best Practices**

1. All staff will participate in Responding to an Unresponsive Infant practice drills twice each year, in April and October, in conjunction with fire drills.

I, the undersigned parent or guardian of \_\_\_\_\_\_ (child's full name), do hereby state that I have read and received a copy of the facility's Infant/Toddler Safe Sleep Policy and that a designated staff member from the facility has discussed the safe sleep policy with me.

Signature of Parent or Guardian:	Date:
Signature of Child Care Provider:	Date: