  
  
Typical Full-Day Schedule for School Age Children

6:30 a.m. School Opens

6:30 a.m. – 7:30 a.m. Arrival, greetings, free choice activities/clean up

7:30 a.m. – 8:30 a.m. Breakfast

8:30 a.m. – 9:30 a.m. Planning / preparations for the day, group activities

9:30 a.m. – 11:30 a.m. Planned activity time or scheduled field trips

11:30 a.m. – 12:00 p.m. Outdoor play

12:00 p.m. – 12:15 p.m. Cool down - Quiet activities for transition to lunch

12:15 p.m. – 12:45 p.m. Lunch

12:45 p.m. – 2:00 p.m. Rest and quiet activities

2:00 p.m. – 2:30 p.m. Group time

2:30 p.m. – 3:00 p.m. Free choice - Activity areas, projects, games, etc.

3:00 p.m. – 3:30 p.m. Snack and clean up

3:30 p.m. – 4:30 p.m. Project time - planning

4:30 p.m. – 5:00 p.m. Outside play

5:00 p.m. – 5:30 p.m. Free choice - Activity areas, projects, games, etc.

5:30 p.m. – 6:00 p.m. Preparation for departure