



Typical Daily Schedule for Fours

6:30-7:30	Greeting/Free Play*
7:30-8:30	Routines**/Breakfast/Free Play*
8:30-9:30	Free Play*
9:30-9:45	Group Time
9:45-10:30	Free Play*
10:30-11:00	Outside Play***/Indoor Vigorous Activities
11:00-11:30	Routines**/Lunch
11:30-2:00	Rest Time for those who sleep/Quiet Play for non-nappers
2:00-3:00	Routines**/Snack
3:00-3:15	Afternoon Group time
3:15-4:00	Free Play*
4:00-4:30	Outside Play***/Indoor Vigorous Activities
4:30-6:00	Indoor Free Play*/Departure

- Arrivals and Greeting: Greet children individually. Take notice of any change in escort arrangement. Teacher conducts morning health inspection.
- *Free Play: Children participate in activities of their choice. Staff supervises these activities, providing guidance that will lead to a successful experience. The block center, writing center, science/math center, art center, dramatic play, fine motor center, music center and book center are all open for play.
- Clean-up: Give children advance notice that clean-up time is approaching. Suggest they complete their activities and prepare to help put up equipment. Encourage all children to participate.
- **Routines: Toileting ~ escort children to the bathroom as needed to toilet and wash hands. Handwashing ~ children should wash hands upon entering the room, after toileting/diapering, after messy play and before and after eating.
- Meals/Snacks: Teachers sit with children and help them with their eating. Encourage socialization among children while they are eating.
- Group Time: Informal discussions, show-and-tell, story time, presentation of concepts, special visitors, songs and music, group games, finger plays, etc.
- ***Outside Play- weather permitting. When the weather is too hot or too cold, outside play may be limited to 15 minute intervals and supplemented with "Indoor Vigorous Activities."